

# School of Nursing, Health, and Exercise Science

**CAROLE KENNER, DEAN**

## Mission Statement

The mission of the School of Nursing, Health, and Exercise Science is congruent with that of The College of New Jersey in promoting excellence, valuing diversity, and providing a service to society in a community of learners. The School of Nursing, Health, and Exercise Science serves the people of New Jersey and the nation by preparing professional nurses at the baccalaureate level and advanced practice nurses at the master's level, with all graduates prepared to be successful, ethical, and visionary leaders in a multicultural, highly technological, and increasingly global world.

## Master of Science in Nursing (NURS\_MSN01), (NURS\_MSN02), (NURS\_MSN05), (NURS\_MSN04), (NURS\_MSN03), and (NURS\_MSN15)

Claire Lindberg, *Coordinator, Graduate Programs in Nursing*

The Master of Science in Nursing prepares advanced nurses to care for individuals, families, and school age children. The curriculum builds on the nursing and scientific knowledge base of the baccalaureate-prepared nurse and focuses on advanced clinical decision-making and critical-thinking skills. Graduates are prepared to accurately and critically assess the health and illness experiences of individuals, families, and school age children to develop health interventions, and to evaluate healthcare outcomes.

The program offers six options. Four nurse practitioner options include: Family Nurse Practitioner, Adult/Gerontological Primary Care Nurse Practitioner, Neonatal Nurse Practitioner, and a variation in the Family Nurse Practitioner option for BSN-prepared nurse midwives and nurse practitioners. Two additional MSN options are the Clinical Nurse Leader and the School Nurse. The MSN programs begin in the fall. There is also a bridge sequence of courses leading to the MSN for RNs with a non-nursing baccalaureate.

Three post-MSN certifications are offered: Family Nurse Practitioner, Adult/Gerontological Primary Care Nurse Practitioner and Family Nurse Practitioner for Specialized NPs. Post-MSN programs begin in fall or spring, depending on the specialty track. Two new School Nurse certification programs are available which meet NJ State requirements for school nurse certification. The two programs include: The School Nurse Non-Instructional Certificate and the School Nurse Instructional Certificate. Both school nurse certificate programs have been approved by the Department of Education in the State of New Jersey.

Most classes are offered during the evenings, although some required classes and activities may be offered during the day. All MSN and certificate options include clinical practicum experiences. Clinical practicum hours are during the day, usually on weekdays. Clinical experiences take place under the guidance of experienced advanced practice nurses, school nurses, clinical nurse leaders, physicians, or other advanced nursing practitioners as appropriate to the area of specialization and to the program. Required practicum hours for each course are listed in the course descriptions. Most MSN options may be completed in two years and two summers of full-time study. Students may take up to six years of part-time study to complete any of the options. Faculty advisers work closely with each student to plan an appropriate course of study and to ensure progress through the program. The master degree programs in

nursing at The College of New Jersey are accredited by the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, DC 20036-1120, 202.887.6791.

### Admission Requirements:

Bachelor in Nursing degree from an NLN- or CCNE-accredited program  
Graduate Record Exam (GRE)—For test waiver information, please visit [graduate.pages.tcnj.edu/apply](http://graduate.pages.tcnj.edu/apply).  
Successful completion of one undergraduate statistics course within 5 years prior to matriculation or, for non-matriculated students, prior to taking NURS 506.  
Successful completion of an undergraduate health assessment course or approved equivalent  
Preadmission interview may be required  
Applicants to the School Nurse MSN must demonstrate completion of the TCNJ School Nurse Instructional Certificate or an equivalent post-BSN school nurse certificate program. Practicing School Nurses who were certified prior to 2004 and who hold current NJ School Nurse Certification may be considered on an individual basis for admission to this program.

### Additional Requirements:

#### For entry into the program:

License to practice as a registered nurse in New Jersey  
License to practice in Pennsylvania may be recommended

**Pre-clinical requirements** (See Nursing Department Web site for more details)

CPR certification (BLS or ACLS)  
Criminal Background Check  
Drug Test  
Health and immunization requirements  
Liability Insurance for student nurse practitioner

## Family Nurse Practitioner Option (NURS\_MSN01)

### Graduation Requirements:

47 credits

### Required Courses:

NURS 506/Theoretical Foundations of Advanced Nursing Practice and Research  
NURS 501/Perspectives in Advanced Practice Nursing  
NURS 503/Pharmacology for Advanced Nursing Practice  
NURS 504/Advanced Human Pathophysiology  
NURS 604/Research and Evidence-Based Nursing for Advanced Nursing Practice  
NURS 603/Individual, Family, and Community Systems  
NURS 633/Advanced Holistic Health Assessment  
NURS 636/Primary Care I  
NURS 638/Primary Care II  
NURS 637/Primary Care III  
NURS 643/Primary Care of the Childbearing Family  
NURS 690/Practicum in the Nurse Practitioner Role  
NURS 694/Capstone Seminar  
NURS 705/Capstone Project in Nursing

## Family Nurse Practitioner for Certified Nurse Practitioners Option (NURS\_MSN02)

### Graduation Requirements:

30-credit minimum

### Required Courses:

NURS 506/Theoretical Foundations of Advanced Nursing Practice and Research  
 NURS 501/Perspectives in Advanced Practice Nursing  
 NURS 503/Pharmacology for Advanced Nursing Practice  
 NURS 504/Advanced Human Pathophysiology  
 NURS 604/Research and Evidence-Based Nursing for Advanced Nursing Practice  
 NURS 603/Individual, Family, and Community Systems  
 NURS 633/Advanced Holistic Health Assessment  
 NURS 643/Primary Care of the Childbearing Family  
 NURS 690/Practicum in the Nurse Practitioner Role  
 NURS 694/Capstone Seminar  
 NURS 705/Capstone Project in Nursing

### Clinical Courses:\*

NURS 636/Primary Care I  
 NURS 638/Primary Care II  
 NURS 637/Primary Care III

\*Required clinical courses will be determined based upon area of current certification and practice.

## Adult/Gerontological Primary Care Nurse Practitioner Option (NURS\_MSN05)

### Graduation Requirements:

43 credits

### Required Courses:

NURS 506/Theoretical Foundations of Advanced Nursing Practice and Research  
 NURS 501/Perspectives in Advanced Practice Nursing  
 NURS 503/Pharmacology for Advanced Nursing Practice  
 NURS 504/Advanced Human Pathophysiology  
 NURS 604/Research and Evidence-Based Nursing for Advanced Nursing Practice  
 NURS 603/Individual, Family, and Community Systems  
 NURS 633/Advanced Holistic Health Assessment  
 NURS 636/Primary Care I  
 NURS 638/Primary Care II  
 NURS 637/Primary Care III  
 NURS 690/Practicum in the Nurse Practitioner Role  
 NURS 694/Capstone Seminar  
 NURS 705/Capstone Project in Nursing

## Neonatal Nurse Practitioner Option (NURS\_MSN03)

### Graduation Requirements:

38 credits (23 at The College of New Jersey;  
 15 at Thomas Jefferson University)

### Required Courses:

NURS 506/Theoretical Foundations of Advanced Nursing Practice and Research  
 NURS 501/Perspectives in Advanced Practice Nursing  
 NURS 504/Advanced Human Pathophysiology  
 NURS 604/Research and Evidence-Based Nursing for Advanced Nursing Practice  
 NURS 603/Individual, Family, and Community Systems  
 NURS 633/Advanced Holistic Health Assessment  
 NURS 690/Practicum in the Neonatal Nurse Practitioner Role

NURS 694/Capstone Seminar

NURS 705/Capstone Project in Nursing

### Clinical Courses:

NURS 662/Diagnostic Reasoning and Clinical Decision Making for NNP I  
 NURS 663/Diagnostic Reasoning and Clinical Decision Making for NNP II  
 NURS 664/Diagnostic Reasoning and Clinical Decision Making for NNP III  
 NURS 665/Comprehensive Assessment for Clinical Decision Making of the Mother and Neonate  
 NURS 667/Advanced Pharmacotherapeutics for Neonatal Nurse Practitioners

## Clinical Nurse Leader Option (NURS\_MSN04)

### Graduation Requirements:

34.5 credits

### Required Courses:

NURS 506/Theoretical Foundations of Advanced Nursing Practice and Research  
 NURS 501/Perspectives in Advanced Practice Nursing  
 NURS 511/Introduction to the CNL Role  
 NURS 503/Pharmacology for Advanced Nursing Practice  
 NURS 504/Advanced Human Pathophysiology  
 NURS 604/Research and Evidence-Based Nursing for Advanced Nursing Practice  
 NURS 603/Individual, Family, and Community Systems  
 NURS 633/Advanced Holistic Health Assessment  
 NURS 660/Chronic and Complex Conditions  
 NURS 685/Health Promotion for Advanced Nursing Practice  
 NURS 695/Practicum in the Clinical Nurse Leader Role  
 NURS 694/Capstone Seminar  
 NURS 705/Capstone Project in Nursing

## School Nurse Option (NURS\_MSN15)

### Graduation Requirements:

40 credits (this includes 23 credits completed for the Non-Instructional and Instructional Certificate). Additional coursework is required for school nurses certified prior to 2004.

### Required Courses:

17 cr.

NURS 506/Theoretical Foundations for Advanced Practice  
 NURS 604/Research and Evidence Based Nursing  
 NURS 503/Advanced Pharmacology  
 NURS 633/Advanced Health Assessment  
 NURS 504/Advanced Pathophysiology  
 NURS 694/Capstone Seminar  
 NURS 705/Capstone Project

### Instructional School Nurse Certificate (Required):

10 cr.

NURS 625/School Nurse Practicum II  
 NURS 626/School Nurse Practicum Seminar II  
 NURS 603/Individual, Family, and Community Systems  
 HLED 554/Curriculum and Program Construction in Health and Safety Education

### Non-Instructional School Nurse Certificate (Required):

13 cr.

NURS 523/School Nursing Foundations  
 NURS 524/Assessment and Management of School Age Children and Adolescents  
 NURS 525/School Nurse Practicum I  
 NURS 526/School Nurse Practicum Seminar I  
 EDFN 500 or 520/Educational Foundations Course

## Bridge to the Master of Science in Nursing for RNs with a Non-Nursing Baccalaureate Degree

This prerequisite sequence of courses is designed for RNs with a non-nursing baccalaureate degree who wish to enter the MSN program at The College of New Jersey. Up to 16 undergraduate credits are taken prior to MSN course content. In addition, students must meet all the requirements for admission to the MSN programs. The bridge option cannot be applied to the School Nurse program. Students must hold a BSN to enter the School Nurse program.

### Admission Requirements:

- Diploma or associate's degree in nursing
- Bachelor's degree from an accredited or approved institution
- Graduate Record Exam (GRE)—For test waiver information, please visit [graduate.pages.tcnj.edu/apply](http://graduate.pages.tcnj.edu/apply).
- Successful completion of an undergraduate statistics course within 5 years prior to taking first graduate nursing course. May be taken concurrently with undergraduate bridge program courses.
- Successful completion of an undergraduate health assessment course or equivalent
- Preadmission interview may be required
- (Also see Graduate Opportunities section of Bulletin)

### Additional Requirements:

#### For entry into the program:

- License to practice as a registered nurse in New Jersey
- License to practice in Pennsylvania may be recommended

#### Pre-clinical requirements (See Nursing Department Web site for more details)

- CPR certification (BLS or ACLS)
- Criminal Background Check
- Drug Test
- Health and immunization requirements
- Liability Insurance for student nurse practitioner

### Bridge Requirements: up to 4 undergraduate units (16 credits)

One of the following Professional Role Courses:

NUR 210/Professional Role I (Learner)

OR

NUR 310/Professional Role II (Clinician)

The following three courses are required\*

NUR 328/Research

NUR 440/Caring in Community Health/Science\*

NUR 444/Caring in Community Health/Practice\*

\*Up to 8 credits of community health (NURS 440 and/or NURS 444) may be waived for applicants with significant community health experience and experience based on a portfolio review by the Department of Nursing faculty.

Following successful completion of the above bridge requirements, the student may enroll in courses required for either the Family Nurse Practitioner Program, the Adult/Gerontological Primary Care Nurse Practitioner Program, the Clinical Nurse Leader Program, or the Neonatal Nurse Practitioner Program, the Clinical Nurse Leader Program, or the Neonatal Nurse Practitioner Program.

## Post-Master's Nurse Practitioner Certificate Program (NURS\_SCT02), (NURS\_SCT03), and (NURS\_SCT04)

These certificate programs are designed for registered nurses who have earned a master's degree in nursing and who wish to become family nurse practitioners or adult/gerontological primary care nurse practitioners. Students may take up to six years of part-time study to complete either option.

### Admission Requirements:

- Master of Science in Nursing from an NLN- or CCNE-accredited program
- An undergraduate health assessment course or approved equivalent
- Preadmission interview may be requested

### Additional Requirements:

#### For entry into the program:

- License to practice as a registered nurse in New Jersey
- License to practice in Pennsylvania may be recommended

#### Pre-clinical requirements (See Nursing Department Web site for more details)

- CPR certification (BLS or ACLS)
- Criminal Background Check
- Drug Test
- Health and immunization requirements
- Liability Insurance for student nurse practitioner

## Family Nurse Practitioner Option (NURS\_SCT02)

### Program Requirements:

37 credits

### Required Courses:

- NURS 503/Pharmacology for Advanced Nursing Practice
- NURS 504/Advanced Human Pathophysiology
- NURS 603/Individual, Family, and Community Systems
- NURS 633/Advanced Holistic Health Assessment
- NURS 636/Primary Care I
- NURS 638/Primary Care II
- NURS 637/Primary Care III
- NURS 643/Primary Care of the Childbearing Family
- NURS 690/Practicum in the Nurse Practitioner Role

## Adult/Gerontological Primary Care Nurse Practitioner Option (NURS\_SCT03)

### Program Requirements:

33 credits

### Required Courses:

- NURS 503/Pharmacology for Advanced Nursing Practice
- NURS 504/Advanced Human Pathophysiology
- NURS 603/Individual, Family, and Community Systems
- NURS 633/Advanced Holistic Health Assessment
- NURS 636/Primary Care I
- NURS 638/Primary Care II
- NURS 637/Primary Care III
- NURS 690/Practicum in the Nurse Practitioner Role

## Family Nurse Practitioner Option for Specialist NPs (NURS\_SCT04) up to 18 cr.

This program is designed for nurse practitioners who have graduated from a master's degree program that prepares adult, geriatric, or adult/gerontological primary care nurse practitioners and who want to expand their scope of practice to include the entire family. This program begins in the spring. This program may be completed in two semesters of part-time study.

### Admission Requirements:

- Master of Science in Nursing from an NLN- or CCNE-accredited program that prepares nurse practitioners
- National certification as an adult, geriatric, or adult/gerontological primary care nurse practitioner

- At least 500 documented clinical practicum hours in an MSN program
- A graduate-level health assessment course that includes all ages and both genders
- A graduate-level general pharmacology course
- A graduate-level general pathophysiology course

**Additional Requirements:****For entry into the program:**

- License to practice as a registered nurse and certification as an Advanced Practice Nurse in New Jersey
- License to practice as a registered nurse and certification as an Advanced Practice Nurse in Pennsylvania may be recommended
- Students who are not certified to practice as an NP in NJ but who are eligible for certification may apply. Certification must be accomplished prior to starting the program.

**Pre-clinical requirements** (See Nursing Department Web site for more details)

- CPR certification (BLS or ACLS)
- Criminal Background Check
- Drug Test
- Health and immunization requirements
- Liability Insurance for student nurse practitioner

**Required Courses:**

- NURS 603/Individual, Family, and Community Systems
- NURS 638/Primary Care II
- NURS 643/Primary Care of the Childbearing Family

**Policy Statement on Minimum Grade in Clinical Courses for Graduate Nursing Students:**

Clinical courses include theoretical learning in the classroom, as well as practice in a clinical setting. Graduate students in courses with a clinical component must achieve a grade of B- or higher in order to continue in the clinical course sequence. Courses with a clinical component include NURS 633, 636, 637, 638, 660, 662, 663, 664, 665, 666, 690 and 695. In addition to courses with a clinical component, students must achieve a B- or higher in the following courses in order to progress in the program: NURS 503, 504, and 643.

A student who earns a C or C+ in any of the above courses may repeat the course once the next time the course is offered. A student who earns a C- or F in a clinical course will be dismissed from the program. A graduate nursing student may only repeat one course in the program one time. If a student repeats a course and subsequently earns a grade of less than B- in that course or in any of the other listed courses, the student will be dismissed from the program. Students who are not meeting the academic requirements of the theoretical component of any clinical course may not be considered safe and may be excluded from clinical experience.

The policy for all Graduate programs at the College of New Jersey is that the graduate student must maintain a GPA of 3.0. Should the student fall below this GPA, the student will be placed on academic probation and given one semester to bring the GPA to a 3.0. If this does not occur, then the student is dismissed from the Program. If there is a course that is responsible for pulling down the GPA and it is only offered once a year, the student may be allowed to stay in the program until that course can be repeated. However, progression may not be allowed until the course is repeated and the GPA is 3.0.

**School Nurse Non-Instructional Certificate (NURS\_SCT08)****13 cr.**

Non-Instructional Certification allows the School Nurse to function at a basic level in the individual schools.

**Admission Requirements:**

The applicant must have successfully completed a BSN program, be a Registered Nurse, and have successfully completed the following courses (each must be at least 3 credits): Human Growth and Development; Health Assessment; Community Health Nursing; Mental Health Nursing; Psychology.

**Required Courses:**

- NURS 523/School Nursing Foundations
- NURS 524/Assessment and Management of School Age Children and Adolescents
- NURS 525/School Nurse Practicum I
- NURS 526/School Nurse Practicum Seminar I
- EDFN 500 or 520/Educational Foundations Course

**School Nurse Instructional Certificate (NURS\_SCT09)****10 cr.**

Instructional Certification allows the School Nurse to function as a Health Educator in addition to the School Nurse role.

**Admission Requirements:**

The applicant must have successfully completed the School Nurse Non-Instructional Certificate program.

**Required Courses:**

- NURS 625/School Nurse Practicum II
- NURS 626/School Nurse Practicum Seminar II
- NURS 603/Individual, Family, and Community Systems
- HLED 554/Curriculum and Program Construction in Health and Safety Education

**Master of Arts in Teaching Health and Physical Education Specialization (HPEM\_MAT01)**

Anne Farrell, Coordinator, Graduate Programs in Health and Physical Education (MAT)

The Master of Art in Teaching Health and Physical Education prepares students to become certified teachers in health and physical education in K-12 programs. The program requires all degree candidates to have completed 45 hours of undergraduate content specific course work. Within these 45 credits, 30 (minimum) must be specific to one of two specified content areas (physical education or health) and 15 credits (minimum) must be specific to the other content area. Within the 45 credits, 12 credits (minimum) must be comprised of upper level courses (300/400 level).

The program is designed to allow a cohort of full-time students to complete the MAT in one calendar year beginning and ending with a summer session. Students who are employed full-time may also elect to complete the program on a part-time basis.

In order to become certified, students successfully completing the Master of Arts in Teaching program must take and pass the PRAXIS Examination in their area of specialization (Health and Physical Education) and must complete the State of New Jersey hygiene-physiological requirement.

## Physical Education and Health Specialization

### Admission Requirements:

Bachelor's degree from an accredited or approved institution with a grade point average of at least 2.75 (on a 4.0 scale)  
 Graduate Record Exam (GRE)—For test waiver information, please visit [www.tcnj.edu/~graduate/application.html](http://www.tcnj.edu/~graduate/application.html).

### Graduation Requirements:

Must meet undergraduate content area knowledge requirement of 30 credits  
 A cumulative Grade Point Average of 3.0 in the MAT program  
 Completion of all departmental requirements/prerequisites  
 Required undergraduate content areas of study are: for primary content, five out of the following six areas must be studied and for secondary content, three out of the following six areas must be studied.

#### Physical Education

Foundations/Introductory Courses  
 Health and Wellness  
 Developmental\*  
 Individual, Dual, Group Activities\*  
 Human Structure  
 Assessment and Evaluation

An \* denotes content area required.

Required content areas of study are: for primary content, five out of the following six areas must be studied and for secondary content, three out of the following six areas must be studied.

### Health

Comprehensive Health\*  
 Current Health and Wellness  
 Family Living and Sexuality  
 Drug Prevention and Abuse  
 Nutrition  
 Injury Prevention

An \* denotes content area required.

<b>Summer I</b>	<b>6 cr.</b>
EDUC 501/Exploring Teaching	3
EPSY 513/Psychology of Learning	3
<b>Fall I</b>	<b>12 cr.</b>
HPEM 694/Internship I	3
RDLG 579/Content Area Literacy	3
HPEM 554/Curriculum and Program Construction in HPE	3
HPEM 590/Methods of Elementary and Secondary HPE	3
<b>Spring I</b>	<b>11 cr.</b>
EDUC 614/Creating and Sustaining Classroom Communities	3
HPEM 695/Internship II (Student Teaching)	6
HPEM 698/Seminar in HPE	2
EDUC 615/Capstone Experience: The Teaching Professional	0
<b>Summer II</b>	<b>6 cr.</b>
EDUC 513/Collaboration, Consultation, and Partnerships	3
HPEM 653/Problems and Issues in HPE	3
HPEM 700/Comprehensive Examination	0

\*Content area required.